

NAOMI HRAPŞA

RESEARCH INTERESTS

PhD student, investigating the intersection of personal values and peer relationships, focusing on how adolescent social networks adapt and evolve during critical educational transitions.

WORK EXPERIENCE

Psychotherapist, Private Practice

Oct 2024 – Present

- Provided individual psychotherapy sessions to adults and adolescents, supporting clients with anxiety, depression, and relationship difficulties using evidence-based therapeutic approaches.
- Developed and implemented personalized treatment plans, monitored client progress while maintaining detailed and confidential clinical documentation.

Counsellor, Babeş-Bolyai University

Jun 2025 – Present

- Conducted counseling sessions focused on developing socio-emotional skills in emerging young adults
- Facilitated discussions on values, interests, and professional decision-making

School Counselor, Royal School in Transylvania

Aug 2021 – Dec 2025

- Supported students' social, emotional, and academic development in an international school, collaborating with parents and staff.
- Monitored and addressed students' personal and emotional challenges, ensuring timely interventions.
- Provided guidance and emotional support to students aged 3–18, tailored to individual needs.

EDUCATION

2026–present

Ph.D. student of the Doctoral School for Applied Cognitive Psychology, "Babeş-Bolyai" University, Faculty of Psychology and Educational Sciences,
"Personal values and peer relationships in adolescence", Supervisor Prof. univ. dr. Oana Negru-Subtirica

2019–2021

M.A. in Counseling and Psychological Interventions in Human Development, Psychology Department, Babeş-Bolyai University,
Thesis "Bullying of students by teachers and classroom climate. A correlational study." coordinated by Prof. univ. dr. Oana Negru Subtirica

2016–2019

B. Sc. Psychology, Faculty of Psychology and Educational Sciences, Babeş-Bolyai University
Thesis "Relationship between vocabulary development, storytelling and emotional self-regulation in preschool children." coordinated by Conf. univ. dr. Thea Ionescu