Curriculum Vitae

Damian-Ilea Lavinia

Lecturer
Babeş-Bolyai University, Faculty of Psychology and Educational Sciences, Department of Psychology, Self and Identity Development Lab
37, Republicii Street, 400015, Cluj-Napoca, Romania.
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Web:
ResearchGate: https://www.researchgate.net/profile/Lavinia_Damian
Google Scholar: https://scholar.google.ro/citations?user=DBfEIZ8AAAAJ&hl=en
Lab web-page: www.selfid.eu (Self and Identity Development Lab)

Research domains:

- Motivation psychology
- Developmental psychology
- School psychology

Research interests:

- Personal and contextual factors of perfectionism development throughout adolescence and emerging adulthood.
- Consequences of parenting perfectionism on parenting subjective experience, parental behaviors, parent-adolescent relationship, and on adolescents' perfectionism and socio-emotional development
- Development of motivation and performance in adolescents and emerging adults in the academic setting.
- Financial socialization in emerging adulthood; the role of parents in emerging adults' financial behaviors.

Professional experience:

2018 – Lecturer at "Babeş-Bolyai" University, Faculty of Psychology and Educational Sciences, Department of Psychology (ongoing).
2014-2017 – Assistant Professor at "Babeş-Bolyai" University, Faculty of Psychology and Educational Sciences, Department of Psychology.
2012-2014 – Teaching assistant for the masters courses *Motivation and performance: Development and applied interventions* and *Vocational counseling.*
2010 – Ongoing teaching assistant for the masters course *Promotion of mental health in children and adolescents*.
2010 – Teaching assistant for the undergraduate courses *Health Psychology* and *Educational Psychology*.
2008 – Ongoing teaching assistant for the undergraduate courses *School Psychology* and *School Counseling and Career Guidance*.

Education

2014 – Ph.D. in Psychology, "Babeş-Bolyai" University, Faculty of Psychology and Educational Sciences, Department of Psychology. Title of the thesis: *Antecedents and outcomes of perfectionism in adolescents*. Scientific supervisor: Professor Adriana Băban, Ph.D.
2010 – Masters degree (M.Sc.) in *School counseling: Development and mental health*, "Babeş-Bolyai" University, Faculty of Psychology and Educational Sciences, Department of Psychology.
2008 – B.A. in *Psychology*, "Babeş-Bolyai" University, Faculty of Psychology and Educational Sciences, Department of Psychology.

Professional training and development:
2023 **–** Certified psychotherapist in Positive Psychotherapy (4-year advanced course: 2019-2023). Trainer: Gabriela Hum, Cluj-Napoca, Romania.
2016 – Training course "Structural Equation Modelling and Longitudinal Analyses in Mplus". Trainer: Dr. Elisabetta Crocetti, 21st-25th March, Cluj-Napoca, Romania.
2013 – EADP Winter School: "Developmental Psychopathology, Environments, and Interactions: Moving Into the Genetics Era", 6th-11th January, Leuven, Belgium.
2012 – Research internship (August-November) at the University of Kent, School of Psychology, UK. Research internship supervisor: dr. Joachim Stoeber.
2012 – "EARA-SRA Summer School", 24th-28th August, Spetses, Greece.
2009 – Trainer of trainers certificate, S.C. Consult Plus S.R.L.
2008 – PRIME course: "Whole Person Medicine as Relating to Pain and Palliative Care", Brighton University, UK and Prime Partnerships in International Medical Education, Cluj-Napoca, Romania.
2007 –"Cognosis" Summer School: "Personal Development", Federation of Psychology and Educational Sciences Students of Romania, Sibiu, Romania.
2007 – "Eruditio" Autumn School, Students Organizations of Cluj Union, Romania.
2005 –"Verhalten der Jugendlichen" Seminar ("Behaviour of Young People"), Jugendforum der Deutschen in Klausenburg (Youthforum of Germans in Cluj).

Professional affiliation
2019 – Coordinator of the Perfectionism Network (PN)
2019 – ongoing member of the World Association for Positive and Transcultural Psychotherapy
2019 – Romania's National Representative for the European Association for Research on Adolescence (EARA)
2019 – Member of the European Association of Personality Psychology (EAPP)
2016 – Member of the European Association for Research on Adolescence (EARA)
2015 – Member of the Society for the Study of Emerging Adulthood (SSEA)
2015 – Member of the Society for Research in Child Development (SRCD)
2014 – Member of the Society for Research on Adolescence (SRA)
2013 – Member of the Early Researchers Union (ERU)
2013 – Member of the European Association for Developmental Psychology (EADP)
2012 – Member of the Perfectionism Network (PN)
2012-2014 – Member of the International Society for the Study of Behavioral Development (ISSBD)

2010-2012 – Member of the European Health Psychology Society (EHPS)

2010 – Member of the Health Behaviors in School-Aged Children network (HBSC) of the World Health Organization (WHO)

Invited reviewer

Journals

Anxiety, Stress, & Coping: An International Journal, Taylor & Francis Online;
Cognition, Brain, Behavior: An Interdisciplinary Journal, ASCR.
Educational Psychology Review, Springer;
Educational Psychology: An International Journal of Experimental Educational Psychology, Taylor & Francis Online;
Emerging Adulthood, Sage Journals;
European Journal of Personality, Wiley;
International Journal of Eating Disorders, Wiley;
International Journal of Sport and Exercise Psychology, Taylor & Francis Online;
Journal of Adolescence, Elsevier;
Journal of Clinical Sport Psychology, Human Kinetics Publishers;
Journal of Educational Psychology, APA;
Learning and Individual Differences, Elsevier;
Personality and Individual Differences, Elsevier;
Social Psychology of Education: An International Journal, Springer;
Time and Society, Sage.

Conferences:

Society for the Study of Emerging Adulthood (SSEA) Thematic Conference: Self and Identity in Emerging Adulthood, Cluj-Napoca, Romania, 17-19 May 2018.

Member in the organizing committee:

Society for the Study of Emerging Adulthood (SSEA) Thematic Conference: Self and Identity in Emerging Adulthood, Cluj-Napoca, Romania, 17-19 May 2018.
24th European Health Psychology Conference: Health in Context, Cluj-Napoca, Romania, 1st-4th September 2010.

Academic conference organizer:

4th Perfectionism Network Meeting, Cluj-Napoca, Romania, 9-10 July 2024 (co-organizer with prof. Oana Negru-Subtirica). https://selfid.eu/2023/11/02/perfectionism-network-meeting-2024/

Prizes, scholarships, fellowships

2018 – award for scientific article in the top 50% at the PRECISI 2018 competition, financed in the Human Resources Programme, grant type „Rewarding research results - articles", implemented by the Executive Unit for Financing Higher Education, Research, Development and Innovation (UEFISCDI).

2017 – three awards for scientific articles (two in the top 50% and one in the top 25%) at the PRECISI 2017 competition, financed in the Human Resources Programme, grant type „Rewarding research results - articles", implemented by the Executive Unit for Financing Higher Education, Research, Development and Innovation (UEFISCDI).

2015 – Grant awarded by the Society for the Study of Emerging Adulthood (SSEA) for attending the 7th Conference on Emerging Adulthood (October 14th-16th), Miami, Florida, USA.
2015 – Grant awarded by the Jacobs Foundation for attending the Society for Research in Child Development (SRCD) meeting (March 19th-21st), Philadelphia, Pennsylvania, USA.
2014 – Grant awarded by the Society for Research on Adolescence (SRA) for attending the SRA biennial meeting as an International Young Scholar (March 20th to 22nd), Austin, Texas, USA.
2013 – Prize awarded by the Babes-Bolyai University for being in the University's top 10 doctoral students in Social Sciences and the first doctoral student in Psychology in the A1.5 Activity "Promoting excellence in research through awarding doctoral students" of the project entitled "Modern doctoral studies: internationalization and interdisciplinarity", POSDRU/107/1.5/S/76841.
2013 – Grant awarded by the European Association for Developmental Psychology (EADP) for attending the XVIth European Conference on Developmental Psychology (September 3rd to 7th), Lausanne, Switzerland.
2013 – Grant awarded by the European Association for Developmental Psychology (EADP) for attending the EADP Winter School as a Junior Scholar (January 6th to 11th), Leuven, Belgium.
2012 – Grant awarded by the European Association for Research on Adolescence (EARA)/Society for Research on Adolescence (SRA) for attending the EARA/SRA Summer School as a Junior Scholar (August 24th to 28th), Spetses, Greece.
2012 – Grant awarded by the International Society for the Study of Behavioral Development (ISSBD) for attending the Pre-conference workshop (7th July) and the ISSBD Biennial Meeting (July 8th to 12th), Edmonton, Alberta, Canada.
2012-2014 – International Society for the Study of Behavioral Development-Jacobs Foundation (ISSBD-JF) Mentored Fellowship for Early Career Scholars, awarded by the International Society for the Study of Behavioural Development and Jacobs Foundation, under the mentorship of Prof. dr. Joachim Stoeber (School of Psychology, University of Kent).
2011 – Grant awarded by the European Health Psychology Society (EHPS) for attending the 25th European Health Psychology Conference: Engaging with Other Health Professions. Challenges and Perspectives (September 20th to 24th), Hersonissos, Crete, Greece.

Research grants

2027-2029 – **Grant director** of the project entitled "Building Relationships in Emerging Adulthood" (PN-IV-P2-2.1-TE-2023-0084), financed in the Human Resources PNII Programme, grant type Research projects to stimulate young independent teams, implemented by the Executive Unit for Financing Higher Education, Research, Development and Innovation (UEFISCDI).
2023-2024 – **Researcher** in the HORIZON project (call HORIZON-CL2-2023-TRANSFORMATIONS-01) "Longitudinal Educational Achievements: Reducing iNequalities" (LEARN; project ID 101132531), project coordinator University of Helsinki, Finland, Principal Investigator for Romania: Prof. Oana Negru-Subtirica;
2021-2023 – **Researcher** in the Exploratory Research Project "The relationship between identity and behavior: A longitudinal study and online intervention" (PN-III-P4-ID-PCE-2020-0179), financed in the Human Resources PNCDI III Programme, grant type Exploratory Research Project, implemented by the Executive Unit for Financing Higher Education,

Research, Development and Innovation (UEFISCDI), Grant director: Prof. Oana Negru-Subtirica.

2020-2021 – **Grant director** of the project entitled "Friendships in emerging adults: A cross-sectional study", financed by the Babes-Bolyai University through the programme Grants for Young Researchers (project no. 35286/18.11.2020).

2019-2022 – **Research assistant** in the Erasmus+ K2 Strategic Partnership Project "Promoting social inclusion skills in a post-truth world: A gamified online platform and curriculum" (PROMIS), coord. Babes-Bolyai University, director assoc. prof. Oana Negru-Subtirica;

2018-2020 – **Researcher** in the Young Research Teams Grant "Goal contents and goal regulation strategies in youth identity development: A longitudinal investigation" (PN-III-P1-1.1-TE-2016-0292) financed in the Human Resources PNII Programme, grant type Research projects to stimulate young independent teams, implemented by the Executive Unit for Financing Higher Education, Research, Development and Innovation (UEFISCDI), Grant director: Assoc. prof. Oana Negru-Subtirica.

2018-2020 – **Grant director** in the project entitled „Effects of parenting perfectionism" (PN-III-P1-1.1-PD-2016-1246), financed in the Human Resources PNII Programme, grant type Postdoctoral Research Projects, implemented by the Executive Unit for Financing Higher Education, Research, Development and Innovation (UEFISCDI).

2016-2018 – **Research assistant** in the Erasmus+ K2 Strategic Partnership Project "Innovative Curriculum for Strong Identities in Diverse Europe" (INSIDE) (n°2016-1-LT01-KA203-023220), coord. Mykolas Romeris University, Lithuania, coord. Babes-Bolyai University, director assoc. prof. Oana Negru-Subtirica.

2015-2017 – **Researcher** in the Young Research Teams Grant "Becoming a positively adjusted adolescent: The longitudinal role of personal and parental dimensions of identity and perfectionism" financed by the National University Research Council (NURC) (PN-II-RU-TE-2014-4-1061). Grant director: Lecturer Oana Negru-Subtirica, Ph.D.

2013 – ongoing: **Researcher** in the cross-cultural project "Financial socialization of emerging adults: The roles of parents, work, and personal values", coordinator Dr. Mihaela Friedlmeier, Grand Valley State University, USA.

2010 – **Ongoing member** of the Health Behaviors in School-Aged Children (HBSC) network, (School Context group) financed by the World Health Organization (WHO), Director: Professor Adriana Băban, Ph. D.

2010 – **Research assistant** in the research grant „Life after institutional care. Equal opportunities and social inclusion for young people" financed by the EU. Research grant director: Professor Adriana Băban, Ph. D.

2010 – **Research assistant** in the research grant „Protecting children in child protection systems"- DAPHNE, financed by the EU. Research grant director: Professor Adriana Băban, Ph. D.

2009-2012 – **Research assistant** in the research grant FP7 TEMPEST ("Temptations to eat moderated by personal and environmental self-regulatory tools") financed by the EU. Research grant director: Professor Adriana Băban, Ph. D.

Publications (as Lavinia E. Damian until 2023):

a) Books

Damian, L. E. (2017). *În căutarea perfecțiunii. Unde ne duce, de ce ne străduim atât și cum putem găsi binele imperfect [In the search for perfection. Where does it take us, why do we try so hard, and how can we find the imperfect good]*. Cluj-Napoca: Editura ASCR. ISBN: 978-606-977-008-5

Băban, A., Tăut, D., Crăciun, C., & **Damian, L.** (coordinators of the Romanian Edition) (2013). *Strategii de suport pentru o alimentaţie sănătoasă la adolescenţi*. Cluj-Napoca: ASCR. English edition: Stok, M., de Ridder, D., de Vet, E., & de Wit, J. (2013). *Strategies to support healthy eating in adolescents.* Utrecht: Utrecht University and the TEMPEST Consortium.

Tăut, D., **Damian, L.**, Lobonea, L., & Băban, A. (2011). *Protecting children in child protection systems in Romania*. Research report. Milano: Ancora.

Opre, A. (coord.), **Damian, L.**, Ghimbuluţ, O., Gibă, R., Macavei, B., Opre, A., Ormenişan-Calbaza, M., Rebega, O., & Vaida, S. (2010). *Lumea lui Self. Poveşti pentru dezvoltarea socio-emoţională a copiilor preşcolari. (Self's World. Stories for the socio-emotional development of preschoolers).* Cluj-Napoca: ASCR.

b) Chapters

Negru-Subtirica, O., & **Damian, L. E.** (2018). The Great Escape: Linking Youth Identity Development to Growing Up in Post-Communist Romania. In N. Lebededva, R. Dimitrova, & J. Berry (Eds.), *Changing Values and Identities in the Post-Communist World.* Springer International Publishing. DOI: 10.1007/978-3-319-72616-8_19

Stoeber, J., **Damian, L. E.,** & Madigan, D. J. (2018). Perfectionism: A motivational perspective. In J. Stoeber (Ed.), *The psychology of perfectionism: Theory, research, applications* (pp. 19-43). London: Routledge.

Stoeber, J., Edbrooke-Childs, J., **& Damian, L. E.** (2016, in press). Perfectionism. In R. J. R. Levesque (Ed.), *Encyclopedia of adolescence* (2nd ed.). New York: Springer.

Damian, L. E., Negru-Subtirica, O., Pop, E. I., & Baban, A. (2016). The costs of being the best: Consequences of academic achievement on students' identity, perfectionism, and vocational development. In: Montgomery, A. & Kehoe, I. (Eds.), *Reimagining the purpose of schools and educational organisations: Developing critical thinking, agency, beliefs in schools and educational organisations* (pp. 173-188). Springer.

Negru, O., & **Damian L. E.** (in press). The emerging adult as future teacher: Identity processes, personal aspirations, and beliefs about teaching. In A. Opre, M. Miclea & R. Iucu (Eds.), *Quality and performance in university teaching*. Cluj-Napoca: Casa Cărţii de Ştiinţă Publishing House.

Stoeber, J., & **Damian, L. E.** (2015). Perfectionism in employees: Work engagement, workaholism, and burnout. In: F. M. Sirois & D. S. Molnar (Eds.), *Perfectionism, Health, and Well-being* (pp. 265-283). New York: Springer.

Ghimbuluţ, O., **Damian, L.**, Băban, A. (2013). Rezilienţa: Regăsirea echilibrului emoţional în contact cu trauma. În M. Milcu (Ed.), *Cercetarea aplicativă în psihologia modernă: Premise metodologice"* (pp. 68-72). Bucureşti: Editura Universitară.

Ramelow, D., Klinger, D., Currie, D., Freeman, J., **Damian, L.,** Negru, O., Samdal, O., Rasmussen, M., & Felder-Pluig, R. (2012). Social context. School. In C. Currie, C. Zanotti, A. Morgan, D. Currie, M. de Looze, C. Roberts, O. Samdal, O. Smith, & V. Barnekow (Eds.), *Social determinants of health and well-being among young people. Health Behaviour in School-aged Children (HBSC) study: international report from the 2009/2010 survey* (pp. 45-

63). Copenhagen: WHO Regional Office for Europe (Health Policy for Children and Adolescents, No. 6).

Damian, L., Pop, E., & Negru, O. (2011). Personal aspirations of future teachers: Do they play a role in the teaching approach? In V. Ajder (Ed.), *National Conference of Educational Counseling "The Butterfly Effect in Education"* (pp. 148-153). Cluj-Napoca: EIKON.

c) Scientific articles

Bunea, I. M., **Damian-Ilea, L. E.,** & Benga, O. (2026). Perfectionism and relationship quality in parent-adolescent dyads. *European Journal of Personality, 40*(3), 635-651. https://doi.org/10.1177/08902070251403879

Vois, D., **Damian-Ilea, L. E.*** & Negru-Subtirica, O. (2026). Perfectionism and emotion regulation over time: A three-wave study of reciprocal associations in adolescents. *Journal of Personality*. https://doi.org/10.1111/jopy.70077

Vois, D., **Damian-Ilea, L.**, & Negru-Subtirica, O. (2026). A short prospective study on multidimensional perfectionism and coping in adolescents. *Cognition, Brain, Behavior. An Interdisciplinary Journal, 30*(1). https://doi.org/10.24193/cbb.2026.30.02

Bunea, A. I. M., **Damian-Ilea, L. E.,** & Benga, O. (2025). Perfectionism's role in shaping adolescents' perception of support from friends. Studia Universitatis Babeş-Bolyai, Psychologia-Paedagogia, LXX, 1, 103-119. https://doi.org/10.24193/subbpsyped.2025.1.05

Găzdac, C. S. & **Damian-Ilea, L.** (2025). Psychological factors associated with school dropout intention of secondary school students. *Educatia 21 Journal, 32*. https://doi.org/10.24193/ed21.2025.32.05

Vois, D., **Damian-Ilea, L.**, & Negru-Subtirica, O. (2025). Is there too much school engagement? A longitudinal study on the bidirectional relations between school engagement and perfectionistic self-presentation in adolescents. *Educational Psychology: An International Journal of Experimental Educational Psychology*. https://doi.org/10.1080/01443410.2025.2551150

Piotrowski, K., Janowicz, K., **Damian-Ilea, L.**, & Negru-Subtirica, O. (2025). Does perfectionism affect parental identity development? A one-year longitudinal study. *Journal of Personality, 93*(6), 1315-1331. https://doi.org/10.1111/jopy.13010

Timar-Anton, C., Negru-Subtirica, O., & **Damian, L. E.** (2023). The role of parental socio-economic status and perceived career-related behaviors in developmental trajectories ofeducational identity in adolescence: A four-wave study. *European Journal of Personality*. https://doi.org/10.1177/08902070221150480

Negru-Subtirica, O., **Damian, L. E.**, Pop, E. I., & Crocetti, E. (2022). The complex story of educational identity in adolescence: Longitudinal relations with academic achievement and perfectionism. *Journal of Personality*. https://doi.org/10.1111/jopy.12720.

Domocus, I.M., **Damian, L.E.**, & Benga, O. (2022). Perfectionism shapes the way adolescents perceive family acceptance over time. *Journal of Social and Personal Relationships, 39*(5), 1369-1389. https://doi.org/10.1177/026540752110565

Negru-Subtirica, O., Pop, E. I., **Damian, L. E.**, & Stoeber, J. (2021). The very best of me: Longitudinal associations of perfectionism and identity processes in adolescence. *Child Development, 92*(5), 1855-1871. https://doi.org/10.1111/cdev.13622.

Damian, L. E., Negru-Subtirica, O., Pop, E. I., & Stoeber, J. (2021). Becoming a perfectionistic adolescent: Perceived parental behaviors involved in developmental trajectories of

perfectionism. *European Journal of Personality*. https://doi.org/10.1177/08902070211012902

Damian, L. E., Negru-Subtirica, O., Vois, D., & Stoeber, J. (2021). On the longitudinal interplay between perfectionism and general affect in adolescents. *Journal of Research in Personality, 93*, 104102. https://doi.org/10.1016/j.jrp.2021.104102

Vois, D., & **Damian, L. E.** (2020). Perfectionism and emotion regulation in adolescents: A two-wave longitudinal study. *Personality and Individual Differences, 156*, 109756. https://doi.org/10.1016/j.paid.2019.109756

Domocus, I. M., **Damian, L. E.,** & Benga, O. (2019). Teachers' role in the development of children's perfectionism. *Perspectives on Early Childhood Psychology and Education, 4*(2), 217-236.

Damian, L. E., Negru-Subtirica, O., Domocus, I. M., & Friedlmeier, M. (2019). Healthy financial behaviors and financial satisfaction in emerging adulthood: A parental socialization perspective. *Emerging Adulthood, 8*, 548-554. doi: 10.1177/2167696819841952

Domocus, I. M. & **Damian, L. E.** (2018). The role of parents and teachers in changing adolescents' perfectionism: A short-term longitudinal study. *Personality and Individual Differences, 131*, 244-248. DOI: 10.1016/j.paid.2018.05.012

Esposito, R., Stoeber, J., **Damian, L. E.**, Alessandri, G., & Lombardo, C. (2017, in press). Eating disorder symptoms and the 2 × 2 model of perfectionism: Mixed perfectionism is the most maladaptive combination. *Eating And Weight Disorders*. doi: 10.1007/s40519-017-0438-1

Damian, L. E., Negru-Subtirica, O., Stoeber, J., & Băban, A. (2017). Perfectionistic concerns predict increases in adolescents' anxiety symptoms: A three-wave longitudinal study. *Anxiety, Stress, & Coping, 30,* 551-561.

Damian, L. E., Stoeber, J., Negru-Subtirica, O., & Băban, A. (2017). On the development of perfectionism: The longitudinal role of academic achievement and academic efficacy. *Journal of Personality, 85*, 565-577.

Damian, L. E., Stoeber, J., Negru-Subtirica, O., & Băban, A. (2017). Perfectionism and school engagement: A three-wave longitudinal study. *Personality and Individual Differences, 105*, 179-184.

Stoeber, J., Madigan, D. J., **Damian, L. E.,** Esposito, R. M., & Lombardo, C. (2017). Perfectionism and eating disorder symptoms in female university students: The central role of perfectionistic self-presentation. *Eating and weight disorders, 22*, 641-648. doi: 10.1007/s40519-016-0297-1

Damian, L. E., Stoeber, J., Negru, O., & Băban, A. (2014a). Perfectionism and achievement goal orientations in adolescent school students. *Psychology in the Schools, 51,* 960-971. doi: 10.1002/pits.21794

Damian, L. E., Stoeber, J., Negru, O., & Băban, A. (2014b). Positive and negative affect in adolescents. An investigation of the 2 x 2 model of perfectionism. *Cognition, Brain, Behavior. An Interdisciplinary Journal, 18*(1), 1-16.

Stoeber, J., & **Damian, L. E.** (2014). The Clinical Perfectionism Questionnaire: Further evidence for two factors capturing perfectionistic strivings and concerns. *Personality and Individual Differences, 61-62*, 38-42.

Damian, L., Stoeber, J., Negru, O., & Băban, A. (2013). On the development of perfectionism in adolescence: Perceived parental expectations predict longitudinal increases in socially prescribed perfectionism. *Personality and Individual Differences, 55,* 688-693. doi: 10.1016/j.paid.2013.05.021

Negru, O., Pop, E. I., **Damian, L.**, & Moraru, C. (2011). Aspirations and identity processes in the meaningful development of future teachers. *Procedia – Social and Behavioral Sciences, 11,* 102-106.

Negru, O., & **Damian, L.** (2010). Personal and classroom promoted achievement goals: Interdependence between students and teachers. *Cognition, Brain, Behavior. An Interdisciplinary Journal, 14* (2), 81-99.

Negru, O., **Damian, L.**, & Băban, A. (2010). Parents and children in Romania: The influence of family culture dimensions on parental involvement in children's academic life. *Journal of child and adolescent psychology, 1,* 31-48.

Papers presented at national and international conferences:

International Conferences

2024

Damian-Ilea, L., Benga, O., & Negru-Subtirica, O. "*Raising adolescents: A longitudinal investigation of parental perfectionism and parenting experience*". Oral presentation at the 4th Perfectionism Network Meeting, Cluj-Napoca, Romania, 9-10 July 2024.

2020

Damian, L. E., Negru-Subtirica, O., & Marinica, B. "*The role of parenting behaviors in perceiving parents' financial qualities: Similarities and differences between mothers and fathers*". Oral presentation accepted at the Society for the Study of Emerging Adulthood Thematic Conference, Milan, Italy, 27-29 May 2020. (postponed event)

Domocus, I., **Damian L. E.**, & Benga, O. "*The role of perfectionism in shaping adolescents' perceptions of family acceptance*". Poster presentation accepted at the 26th Biennial Meeting of the International Society for the Study of Behavioural Development, Rhodes, Greece, 21-25 June 2020. (postponed event)

Friedlmeier M., Poredos M., Negru-Subtirica O., & **Damian L. E.** "*The financial socialization model: A comparative study of American and Romanian college students*". Oral presentation accepted at the 26th Biennial Meeting of the International Society for the Study of Behavioural Development, Rhodes, Greece, 21-25 June 2020. (postponed event)

Vois, D., **Damian L. E.**, & Negru-Subtirica, O. "*Perfectionism, affect, emotion regulation, and coping in adolescents: A short prospective study*". Poster presentation accepted at the 26th Biennial Meeting of the International Society for the Study of Behavioural Development, Rhodes, Greece, 21-25 June 2020. (postponed event)

2019

Damian, L. E. & Negru-Subtirica, O.. "*Financial relationship with parents is not just financial: The role of parenting behaviors*". Oral presentation at the Society for the Study of Emerging Adulthood (SSEA) 9th Conference, Toronto, Ontario, Canada, 10-12 October 2019.

2018

Damian, L. E., Negru-Subtirica, O., & Friedlmeier, M. "*Building a strong financial identity in emerging adulthood: A parental socialization perspective*". Oral presentation at the Society for the Study of Emerging Adulthood (SSEA) Thematic Conference: Self and Identity in Emerging Adulthood, Cluj-Napoca, Romania, 17-19 May 2018.

Damian, L. E., Negru-Subtirica, O., Stoeber, J., & Pop, E. I. "*Perceptions of parents' behaviours and the development of adolescents' perfectionism: A four wave study*" Oral

presentation at the Biennial Meeting of the International Society for the Study of Behavioural Development (ISSBD), Gold Coast, Australia, 15-19 July 2018.

Damian, L. E., Negru-Subtirica, O., Stoeber, J., &. Pop, E. I. "*Parental responsiveness and autonomy support as protective factors in decreasing adolescents' perfectionistic concerns and self-presentation*". Oral presentation at the European Association for Research on Adolescence (EARA) Conference, Ghent, Belgium, 12-15 September 2018.

Pop, E. I., Negru-Subtirica, O., Stoeber, J., & **Damian, L. E.** "*Career concern and confidence in adolescence: The longitudinal role of self-oriented and socially prescribed perfectionism"*. Oral presentation at the European Association for Research on Adolescence (EARA) Conference, Ghent, Belgium, 12-15 September 2018.

2017

Negru-Subtirica, O., **Damian, L. E.,** & Friedlmeier, M. "*Financial success: A qualitative analysis on Romanian parent-emerging adult child dyads"*. Oral presentation at the Regional Conference of International Association for Cross-Cultural Psychology (IACCP), Warsaw, Poland, 16-19 July 2017.

2016

Damian, L. E., Negru-Subtirica, O., Stoeber, J., & Pop, E. I. "*On the development of perfectionism and perfectionistic self-presentation in adolescents: The role of parental behaviors"*. Paper presented at the Perfectionism Network Meeting, Canterbury, UK, 12-13 July 2016.

Damian, L. E., Stoeber, J., Negru-Subtirica, O. & Baban, A. "*How do adolescents get to strive for perfection? The impact of high academic achievement and efficacy on perfectionism development in adolescence"*. Oral presentation at the XV Biennial Conference of the European Association for Research on Adolescence (EARA), La Barrosa, Cádiz, Spain, 16-19 September 2016.

Negru-Subtirica, O., **Damian, L. E.**, Stoeber, J., & Pop, E. I. "*On the longitudinal interplay between perfectionism and career adaptability in adolescents"*. Paper presented at the Perfectionism Network Meeting, Canterbury, UK, 12-13 July 2016.

2015

Damian, L. E., Negru-Subtirica, O., & Friedlmeier, M. "*Financial knowledge, control, and behaviors in emerging adults: The role of parents*", oral presentation at the 7th Conference on Emerging Adulthood, Miami, Florida, USA, 14-16 October 2015.

Negru-Subtirica, O., **Damian, L. E.**, & Friedlmeier, M. "*What does it take to be financially successful? Views of emerging adults and their parents*", oral presentation at the 7th Conference on Emerging Adulthood, Miami, Florida, USA, 14-16 October 2015.

Damian, L. E., Stoeber, J., Negru, O., & Băban, A. "*Perfectionism and academic achievement in adolescents: A longitudinal study*", poster presented at the Biennial Meeting of the Society for Research in Child Development, Philadelphia, Pennsylvania, USA, 19-21 March 2015.

2014

Damian, L. E., Stoeber, J., Negru, O., & Băban, A. "*Perfectionism and achievement goal orientations in adolescent school students*", poster presented at the 23rd Biennial Meeting of the International Society for the Study of Behavioral Development, Shanghai, China, 8-12 July 2014.

Damian, L., Stoeber, J., Negru, O., & Băban, A. "*Perfectionism and school engagement in adolescents*", poster presented at the SRA biennial meeting, Austin, Texas, USA, 20-22 March 2014.

2013

Damian, L., Stoeber, J., Negru, O., & Băban, A. "*How does perfectionism relate to adolescents' general affect?*", poster presented at the LIFE Fall Academy, Marbach Castle, Germany, 12-17 October 2013.

Damian, L., Stoeber, J., Negru, O., & Băban, A. "*Perfectionism in adolescents: A longitudinal study*", poster presented at the International Society for the Study of Behavioral Development Workshop: Social Development and Interpersonal Dynamics in Childhood and Adolescence, Budapest, Hungary, 12-14 September 2013.

Damian, L., Stoeber, J., Negru, O., & Băban, A. "*On the development of perfectionism in adolescence: Do parental expectations and criticism matter?*", poster presented at the 16th European Conference on Developmental Psychology, Lausanne, Switzerland, 3-7 September 2013.

Attendance at the Tempest Invitational Conference "Temptations to eat moderated by personal and environmental self-regulatory tools" (24th-25th January), Utrecht, The Netherlands.

2012

Damian, L., Stoeber, J., Negru, O., & Băban, A. "*Predicting change in adolescents' perfectionism: Do anxiety and academic engagement matter?*", oral presentation at the Exploratory Workshop "*Attention and executive functioning in high-trait anxiety: Implications for cognitive and academic performance*", Cluj-Napoca, Romania, 7-8 December 2012.

Damian, L., Stoeber, J., Negru, O., & Băban, A. "*The role of perfectionism cognitions and achievement goals in predicting adolescents' academic self-efficacy*", poster presented at the 13th Biennial Conference of the European Association for Research on Adolescence, Spetses, Greece, 29 August-1 September 2012.

Damian, L., & Negru, O. "*Perceptions of classroom promoted achievement goals: Interdependence within the peer group*", poster presented at the 13th Biennial Conference of the European Association for Research on Adolescence, Spetses, Greece, 29 August-1 September 2012.

Damian, L., Stoeber, J., Negru, O., & Băban, A. "*Patterns of perfectionism and achievement goals in adolescents' affect: A longitudinal panel study*", oral presentation at the Perfectionism Network Meeting: "Further advances in perfectionism research", York St John University, UK, 24-25 July 2012.

Militaru, A., **Damian, L.**, Taut, D., & Baban, A. "*Building social support for institutionalized youth in Romania. An exploratory social experimentation project*", poster presented at the 30th International Congress of Psychology: "Psychology Serving Humanity", Cape Town, South Africa, 22-27 July 2012.

Damian, L., Negru, O., Stoeber, J., Pop, E., & Băban, A. "*Positive and negative affect in adolescents: The role of perfectionism, achievement goals, and academic efficacy*", poster presented at the ISSBD 2012 Biennial Meeting, Edmonton, Alberta, Canada, 8-12 July 2012.

Negru, O., **Damian, L.**, Pop, E. "*Achievement goal orientations in a combative context: How does competence develop?*", poster presented at the ISSBD 2012 Biennial Meeting, Edmonton, Alberta, Canada, 8-12 July 2012.

Damian, L., Negru, O., Haragâş, C., Ilieş, M., & Băban, A. "*Exploring high schoolers' academic efficacy: Performance versus parental expectations",* poster presented at the International Congress of Psychology, Sibiu, Romania, 25-27 May 2012.

Damian, L., Stoeber, J., Negru, O., Pop, E., & Băban, A. "*Explaining adolescents'academic achievement: Perfectionism, achievement goals, and academic efficacy*", poster presented at the 4th World Conference on Educational Sciences, Barcelona, Spain, 2-5 February 2012.

2011

Damian, L., Tăut, D., & Băban, A. "*Gender differences in self-control, eating self-regulatory competency and eating habits in children and adolescents*", oral presentation at the Self-regulation of eating behaviour among youth: Findings from the European TEMPEST Project Symposium, 25th European Health Psychology Conference: Engaging with Other Health Professions. Challenges and Perspectives, Hersonissos, Crete, Greece, 20-24 September 2011.

Damian, L., Negru, O., & Băban, A. „*Patterns of affect and well-being in high versus low adolescent perfectionists: Do goal orientation and achievement make a difference?*", poster presented at the 25th European Health Psychology Conference: Engaging with Other Health Professions. Challenges and Perspectives, Hersonissos, Crete, Greece, 20-24 September 2011.

Negru, O., Pop, E. I., **Damian, L.**, & Moraru, C. *"Aspirations and identity processes in the meaningful development of future teachers",* poster presented at the International Conference "Teachers for the Knowledge Society", Sinaia, Romania, 17-19 March 2011.

2010

Damian, L., Băban, A. "*Health behaviors, disease characteristics and quality of life in vitiligo*", poster presented at the 24th European Health Psychology Conference: Health in Context, Cluj-Napoca, Romania, 1-4 September 2010.

Damian, L., Negru, O. „*What students and teachers want: Interdependence or differentiation in the development of academic goals?*", oral presentation at the International Conference "Social Ecology of School Success: Implications for Policy and Practice", Cluj-Napoca, Romania, 13-15 May 2010.

2009

Damian, L., Băban, A. "*Coping mechanisms and quality of life in vitiligo*", poster presented at the 23rd European Health Psychology Conference: Health Psychology: From knowledge to interventions, Pisa, Italy, 23-26 September 2009.

National Conferences

2018

Vois D., & **Damian L. E.** "*Perfectionism and Emotion Regulation in Adolescents. A Two Wave Longitudinal Study*". Paper presented at the Annual Scientific Communication Conference of the Romanian Academy, Cluj-Napoca, October 26th 2018.

2017

Petrut, I., & **Damian, L. E.** "*The role of parents and teachers in the development of perfectionism in adolescents"*. Paper presented at the Annual Scientific Communication Conference of the Romanian Academy, Cluj-Napoca, Romania, June 23rd 2017.

2016

Damian, L. E., Petrut, I., Negru-Subtirica, O., & Pop, E. I. (2016). "*Perfectionism in school students: Causes and consequences"*. Poster presented at the Annual Scentific Communication Conference of the Romanian Academy, Cluj-Napoca, Romania, 20 May 2016.

Pop, E. I., Negru-Subtirica, O., & **Damian, L. E**. "*Longitudinal interplay between personality and identity in adolescence: Theoretical and empirical evidence"*. Poster presented at the Annual Scientific Communication Conference of the Romanian Academy, Cluj-Napoca, Romania, 20 May 2016.

2012

Damian, L. "*Age and gender differences in the self regulation of eating temptations"*, oral presentation at the Tempest National Conference "Self-regulation of eating behavior in children and adoelscents: Measurement, improvement strategies, and policy development", Cluj-Napoca, Romania, 8 November 2012.

2011

Damian, L., Pop, E. I., & Negru, O. "*Personal aspirations of future teachers: Do they play a role in the teaching approach?*", oral presentation at the National Conference of Educational Counseling "The butterfly effect in education", Cluj-Napoca, Romania, 13-15 May 2011.

Opre, A., & **Damian, L.** "*SelfKit. A tool for the development of socio-emotional competencies in children*", workshop held for teachers and school counselors at the National Conference of Educational Counseling "The butterfly effect in education", Cluj-Napoca, Romania, 13-15 May 2011.

2009

Damian, L., Rebega, O. "*Adolescent development and extracurricular activities*", oral presentation at the National Conference of School Psychologists "School psychologists' competencies in the context of globalization", Oradea, Romania, 30-31 October 2009.