

Curriculum Vitae

Bianca-Valentina Marinica

Position: Ph.D. candidate

Department of Psychology

Faculty of Psychology and Educational Sciences

Babeş-Bolyai University

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Research theme: Emerging adulthood volunteering: Relationships with civic engagement and youth development

Ph.D. supervisor: Associate Professor Oana Negru-Subtirica, Ph.D.

Ph.D. guidance committee: Professor Oana Benga, Ph.D.

Lecturer Sebastian Pinte, Ph.D.

Lecturer Oana Fodor, Ph.D.

RESEARCH INTERESTS

My research focuses on volunteering during emerging adulthood, aiming to investigate its relationships with civic engagement and youth development.

RESEARCH DOMAINS

- Emerging adulthood
- Volunteering
- Identity development

EDUCATION

- 2019 – ongoing** Ph.D. student of the Doctoral School for Applied Cognitive Psychology, “Babeş-Bolyai” University, Faculty of Psychology and Educational Sciences, Thesis: Emerging adulthood volunteering: Relationships with civic engagement and youth development; coordinated by Associate Professor Oana Negru-Subtirica, Ph.D.;
- 2019 M.A.** in Counseling and Psychological Interventions in Human Development, Psychology Department, “Babeş-Bolyai University”, Cluj-Napoca, Romania
Thesis “*Emerging adults volunteers: their vocational identity and motivations for involvement*”; coordinated by Lecturer Oana Negru-Subtirica;
- 2017 B.Sc.** in Psychology, Babeş-Bolyai University, Cluj-Napoca, Romania
Thesis “*Exploring the relationship between volunteering and vocational identity*”, coordinated by Lecturer Oana Negru-Subtirica

SCHOLARSHIPS

- 10.2017-10.2018** Special scholarship for scientific activity, Research article “*Relationships Between Volunteering Functions and Vocational Identity in Emerging Adult Volunteers*” - submission under review
- 02.2019-07.2019** Performance scholarship for academic achievements
- 10.2017-02.2019** Merit scholarship for academic achievements

PROFESSIONAL EXPERIENCE AND DEVELOPMENT

- 2018- present** Self and Identity Development Laboratory, Babeş-Bolyai University
- 2020 - present** Vocational Counselor, Training for the Future project (ro. Antrenament pentru Viitor), Romanian Business Leaders
- 2019** Workshops “How to develop adults’ emotional intelligence? Therapeutical and organizational implications” and “Working with groups: between the psychodramatic and cognitive-behavioral settings”(The 18th National Conference of the Association of Psychologists from Romania, Cluj-Napoca, 22-24 November)
- 03.2019 – 07.2019** Assistant manager for the National Volunteering Week, Pro Vobis - National Resource Centre for Volunteerism
- 03.2019** Certified Trainer, Sc. Soft Skills Training SRL
- 03.2018 – 02.2019** Internship - Psychological and Career Counselling Center, College of Political, Administrative and Communication Sciences
- 10.2017 – 02.2018** Internship - Psychological Counselling, "Lucian Blaga" highschool
- 04.2017 – 05. 2017** Research internship, The Department of Clinical Psychology and Psychotherapy

PROFESSIONAL AFFILIATIONS

2018 – 2019: European Federation of Psychology Students' Associations, national coordinator of the "Mind the Mind" campaign

2017 – 2018: Member of Students' College for Academic Performance, "Babeş-Bolyai" University

SCIENTIFIC ACTIVITY

Self and Identity Development Laboratory, Babeş-Bolyai University

2019 - present Research assistant in the project "Goal contents and goal regulation strategies in youth identity development: A longitudinal investigation" coordinated by Lecturer Oana Negru-Subtirica, Ph.D.

2019 Research assistant in the international project "Youth's financial identity", coordinated in Romania by Lecturer Oana Negru-Subtirica, Ph.D.

The Department of Clinical Psychology and Psychotherapy

04.2017 – 05. 2017 Research internship

Organizing of scientific events

2017 – 2018 Coordinator of the International Conference of Psychology Students (10th-13th of May), The Romanian Psychology Students' Association (ASPR)

Conferences

2019 Marinica, B.V., Negru-Subtirica, O., Pop, E.I. *Emerging adults' reasons for volunteering and vocational identity*. Paper presented at the 18th National Conference of the Association of Psychologists from Romania, Cluj-Napoca (22-24 November)

- 2019** Pop, E.I., Negru-Subtirica, O., Marinica, B.V. *On identity and generativity: An investigation among emerging adult volunteers* Paper presented at the 9th international Conference on Emerging Adulthood, organized by the Society for the Study of Emerging Adulthood, Toronto (10-12 October)
- 2018** Marinica, B.V., Negru-Subtirica, O. *Volunteering: a path towards youth development and employability* Paper presented at the annual scientific session of “George Baritiu” History Institute, Romanian Academy, Cluj-Napoca (26 October)
- 2018** Marinica, B.V., Negru-Subtirica, O. *Does volunteering add meaning to emerging adults’ vocational identity?* Poster presented at the international conference “Self and Identity in Emerging Adulthood”, organized by the Society for the Study of Emerging Adulthood, Cluj-Napoca (17-19 May)
- 2018** Marinica, B.V., Negru-Subtirica, O. *Exploring the relationship between volunteering and vocational identity development.* Paper presented at The International Conference of Psychology Students, Cluj-Napoca (10-13 May)
- 2017** Marinica, B.V., Negru-Subtirica, O. *Exploring the relationship between volunteering and vocational identity development.* Paper presented at the annual scientific session of “George Baritiu” History Institute, Romanian Academy, Cluj-Napoca (17 November)

Publications

- Marinica, B.V., Negru-Subtirica, O. (2019). Volunteering: a path towards youth development and employability. *Studies and researches in the field of social sciences* – volume 32, Limes & Argonaut Print houses, Cluj-Napoca
- Marinica, B.V., Negru-Subtirica, O. (2020). Relationships between volunteering functions and vocational identity in emerging adult volunteers. *International Journal for Educational and Vocational Guidance*. <https://doi.org/10.1007/s10775-020-09418-3>

VOLUNTEERING

- 2020 - present** Member of the Public Policies Department, National Youth Council (ro. Consiliul Tineretului din România)
- 2018 – 2019** Local coordinator of the “Mind the Mind” campaign, European Federation of Psychology Students’ Associations
- 2014 – 2018** Member of the Finance & Scientific Departments, The Romanian Psychology Students’ Association, Cluj-Napoca
- 2015 - 2017** Institution & local coordinator in the educational program “Ajungem Mari”, The Lindenfeld Association, Cluj-Napoca (Romania)

- 2012 – 2014** Founding Member of The Association for Initiative and Continuous Development (A.I.D.C:Asociatia pentru Initiativa si Dezvoltare Continua), Ploiesti
- 2013** Volunteer, Sigur.info, Ploiesti
- 2012 – 2013** Volunteer, The “Compassion and Care” Association, Ploiesti

FOREIGN LANGUAGES

English – advanced (writing, reading, speaking)

Spanish – intermediate (writing, reading, speaking)

German – beginner (writing, reading, speaking)