



Curriculum Vitae

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Research interests

Identity development
Emerging adulthood
Personal goals
Mobile applications

EDUCATION

2018 – ongoing: Ph.D. student in Psychology at Babeş-Bolyai University, Cluj-Napoca, Romania; supervisors: Professor Adrian Opre, Ph.D. and Lecturer Oana Negru-Subțirică, Ph.D

2015 – 2017: M.A. in Counseling and Psychological Interventions in Human Development, Psychology Department, Babeş-Bolyai University, Cluj-Napoca, Romania

2012 – 2015: B.Sc. in Psychology, Babeş-Bolyai University, Cluj-Napoca, Romania

PROFESSIONAL EXPERIENCE

2018 - ongoing: Teaching assistant for the undergraduate course "Introduction to Psychology", Department of Psychology, Babeş-Bolyai University, Cluj-Napoca

2018 – ongoing: Psychologist, Asociația Filantropică Medical-Creștină Christiana, Cluj-Napoca

2018: Volunteer, SSEA Thematic Conference "Self and Identity in Emerging adulthood". Conference chairs: chair Oana Negru-Subtirica, Babeş-Bolyai University, Romania; co-chair Elisabetta Crocetti, Alma Mater Studiorum University of Bologna, Italy

2017: Psychologist, Adolescents' Resource Center, Cluj-Napoca, Romania

2016-2017: Career guidance counselor, Alumni & Career Center, Babeş-Bolyai University, Cluj-Napoca, Romania

2016: Training course "The need for a safety base in adolescence: an attachment-based approach", trainer: prof. Jude Cassidy, University of Maryland, SUA;

SCIENTIFIC ACTIVITY

2018 – ongoing: Research assistant - Young Research Teams Grant awarded by the National University Research Council (NURC): "Goal contents and goal regulation strategies in youth identity development: A longitudinal investigation" (PN-III-P1-1.1-TE-2016-0292)

2014 - 2015: Participant in the project "ETIC – Careers with social impact – a program for professional counseling and student practicum" (POSDRU/161/2.1/G/138622).

SCHOLARSHIPS

2012 - 2013: Scholarship, granted by "Babeş-Bolyai" University, Cluj-Napoca;

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PROFESSIONAL AFFILIATION

2019 –ongoing: European Association for Research on Adolescence (member)

2018 - ongoing: Society for the Study of Emerging Adulthood (member)

2017 – ongoing: Romanian Psychologists' College (member)

PAPERS PRESENTED AT INTERNATIONAL CONFERENCES:

2018: Timar-Anton, C. & Negru-Subțirică, O. (2018). "The development and testing of a mobile app to strengthen identity commitments through personal goals", poster presented at the Thematic Conference of the Society for the Study of Emerging Adulthood (SSEA), 17-19 May 2018, Cluj-Napoca, Romania.