

Curriculum Vitae

Eleonora Ioana Pop

Postdoctoral researcher

Babeş-Bolyai University, Faculty of Psychology and Educational Sciences, Department of Psychology

37, Republicii Street, 400015, Cluj-Napoca, Romania

Contact: popeleonoraioana@gmail.com; ioanapop@psychology.ro

Web: https://www.researchgate.net/profile/Eleonora_Pop

Research domains

- School Psychology
- School Counselling and Career Guidance

Research interests

- Identity development in educational settings throughout adolescence and emerging adulthood
- Personality traits and academic achievement as antecedents and outcomes of adolescent development

Professional experience

- **2018:** postdoctoral researcher in the research project *Goal contents and goal regulation strategies in youth identity development: A longitudinal investigation* (PN-III-RU-TE-2013-4-1061; Research grant director: lecturer Ph.D. Oana Negru-Subtirica)
- **2015-2017:** postdoctoral researcher in the research project *Becoming a positively adjusted adolescent: The longitudinal role of personal and parental dimensions of identity and perfectionism* (PN-II-RU-TE-2014-4-1061; Research grant director: lecturer Ph.D. Oana Negru-Subtirica)
- **2014-2015:** Career guidance counselor in the project "Career development through career guidance and training of higher education graduates", financed by the UE (POSDRU/132/5.1/G/135285), Babeş-Bolyai University, Faculty of Economics and Business Administration, Career Counselling Centre & Consult Plus, Cluj-Napoca
- **2012-2014:** School Psychologist/counselor, "Avram Iancu" High-School, Cluj-Napoca
- **2012:** Trainer-"Control of dysfunctional emotions and management of disruptive behavior among preschool children and elementary school students" (workshop sustained at the National Conference with International Participation of School Psychologists, 1-2 June, Constanța, Romania)
- **2011-2012:** Collaborator in the project "Defining psychologist qualification and learning descriptors in order to adapt M.A. programs in Psychology to the needs of the labor market in Romania" POSDRU/86/1.2/S/58717, Department of Psychology, Babes-Bolyai University, Cluj-Napoca
- **2011-2012:** Career guidance counselor in the project "Window for the employment of higher education graduates", financed by the UE (POSDRU/104/5.1/G/78225), Babeş-Bolyai University, Faculty of Economics and Business Administration, Career Counselling Centre, Cluj-Napoca

- **2011-2013:** Tutor for the undergraduate course “Introduction to Psychology”, Department of Psychology, Babeş-Bolyai University, Cluj-Napoca
- **2010–2012:** School Psychologist/counselor, “Lucian Blaga” High-School, Cluj–Napoca
- **2009-2011:** Trainer for the postgraduate course: „MAGISTER – Development, Counselling and Guidance”, professional development program for school teachers. Department of Psychology, Babeş-Bolyai University, Cluj-Napoca
- **2008–present:** Tutor for the undergraduate courses “School Psychology” and “School Counselling and Career Guidance”, Department of Psychology, Babeş-Bolyai University, Cluj-Napoca
- **2007–2009:** School Psychologist/counselor, “Avram Iancu” High-School, Cluj-Napoca
- **2000–2007:** Teacher (Pre-university Educational System)

Education

- **2011-2015:** Ph.D. in Psychology, Department of Psychology, Babes-Bolyai University, Cluj-Napoca, Scientific supervisor: Prof. Adrian Opre
- **2010:** M.Sc. in School counselling: Development and mental health, Department of Psychology, Babes-Bolyai University, Cluj-Napoca
- **2005:** B.A. in Psychology, Babes-Bolyai University, Cluj-Napoca
- **2000:** "Gheorghe Lazar" National Teachers' Training College, Cluj-Napoca

Professional training and development

- **2018:** Schema Therapy Training course, prof. David Edwards, founder of Schema Therapy Institute of South Africa
- **2017:** Training course ”Specific learning disabilities: complex evaluation and therapy (Meixner method)”, trainers: Hidicska Tiborne and Adorjan Katalin, Targu Mures
- **2016:** Training course “The need for a safely base in adolescence: an attachment-based approach”, trainer: prof. Jude Cassidy, University of Maryland, SUA
- **2016:** Training course “Reflective Practice and Intervention Skills for Delivering Circle of Security Parenting Interventions”, trainer: prof. Joe Coyne, Queensland University, Brisbane, Australia
- **2016:** Training course “Core Sensitivities: An Understanding of Defensive Processes within Everyday Experience”, trainer: prof. Kent Hoffman, co-founder of Circle of Security program
- **2016:** Training course “Structural Equation Modelling and Longitudinal Analyses in Mplus”. Trainer: Dr. Elisabetta Crocetti, 21st -25th March, Cluj-Napoca, Romania.
- **2014:** Research internship at the Utrecht University, Faculty of Social and Behavioural Sciences, the Netherlands, Research internship supervisors: dr. Wim Meeus, dr. Elisabetta Crocetti
- **2014:** IACCP Summer School, 12th-15th July, Reims, France
- **2012:** Workshop: ”How to work with persons with autism?”, University of Leuven, Belgium (the National Conference with International Participation of School Psychologists, 1-2 June, Constanța, Romania)
- **2012:** Workshop: ”L’usage des tests dans l’accompagnement du parcours scolaire”, Ecole Supérieure de Gand, Belgium (the National Conference with International Participation of School Psychologists, 1-2 June, Constanța, Romania)

- **2012:** Workshop: "A different manner of learning. Family involvement in learning", Learn & Vision Association, Cluj-Napoca
- **2010:** Workshop: "Fighting school violence-better communication between school, children and parents", the project "Youth against violence", Ministry of Education, Research, Youth and Sports, Save the Children Romania, Institute of Education Sciences, Cluj-Napoca
- **2010:** Certificate of Attendance for completing the course "Evidence-based interventions in separation anxiety of children and adolescents", Child and Adolescent Psychology Association of Romania, The Romanian Council of Psychologists
- **2009:** Trainer of trainers certificate, S.C. Consult Plus S.R.L., Ministry of Labour, Family and Social Protection, Ministry of Education, Research and Innovation
- **2007:** Certificate of Attendance for the "Children with ADHD - Diagnosis and Therapy. Curative Pedagogy in Child Psychiatry" seminar, "Iuliu Hatieganu" University of Medicine and Pharmacy, Department of Pediatric Psychiatry, Cluj – Napoca, The Romanian Council of Psychologists
- **2007:** Certificate of Attendance for completing the course "Teaching Children with Special Needs", Ministry of Education and Research, Cluj County School Inspectorate, Teachers` Training Centre
- **2007:** Certificate of Attendance for completing the course "School Counselling and Career Guidance", Ministry of Education and Research, Cluj County School Inspectorate, Teachers` Training Centre
- **2005:** Certificate of Attendance for completing the course "Special Education Inclusion", Ministry of Education and Research, Cluj County School Inspectorate, Teachers` Training Centre
- **2002:** Certificate of Attendance for completing the course "Health Education", Ministry of Education and Research, Cluj County School Inspectorate, Teachers` Training Centre
- **2002:** Certificate of Attendance for completing the course "Communication and Conflict Management", Ministry of Education and Research, Cluj County School Inspectorate, Teachers` Training Centre

Professional affiliation

- **2014- present:** European Association for Research on Adolescence (EARA) & EARA Young Scholars (communication manager, Young Scholars committee)
- **2011-present:** Society for the Study of Emerging Adulthood (member)
- **2015-present:** Be Inclusive România (member)
- **2014-2016:** International Association for Cross-Cultural Psychology (member)
- **2013:** International Society for the Study of Behavioural Development (member)

Prizes, scholarships, fellowships

- **2014:** Doctoral scholarship (POSDRU/159/1.5/S/132400 -"Young successful researchers– professional development in an international and interdisciplinary environment")
- **2013:** Stipend awarded by ISSBD for attending the ISSBD Regional Workshop "Social Development and Interpersonal Dynamics in Childhood and Adolescence", Budapest, Hungary
- **2011:** Stipend awarded by ANPCDEFP and CEDEFOP for attending the study visit

“Cooperation of schools, the world of work and social partners”, Berlin, Germany

- **2011:** Stipend awarded by Jacobs Foundation for attending the 5th Conference on Emerging Adulthood, Providence, Rhode Island, USA

Publications:

a) Books

- **Pop, E. I.** (2017). *Repere ale dezvoltării în adolescență: Ghid pentru adolescenți, părinți și profesioniști din învățământ. [Adolescent development: An overview for adolescents, parents, and practitioners]*. Cluj-Napoca: ASCR Print house. ISBN 978-606-977-009-2

b) Chapters

- Damian, L. E., Negru-Subtirica, O., **Pop, E. I.**, & Baban, A. (2016). The costs of being the best: Consequences of academic achievement on students' identity, perfectionism, and vocational development. In Montgomery, A. & Kehoe, I. (Eds.), *Reimagining the purpose of schools and educational organisations: Developing critical thinking, agency, beliefs in schools and educational organisations*. Springer.
- **Pop, E. I.**, Negru-Subtirica, O., & Damian, L. (2016). Longitudinal connections between personality and identity in adolescence: theoretical and empirical evidence, In *Studies and researches in the field of social sciences*, Volume 29 (pp. 213-222). Limes & Argonaut Print house: Cluj-Napoca.
- **Pop, E.I.**, Blaga, I., Negru, O. (2014). Identity formation in adolescence: A process-oriented approach. In *Studies and researches in the field of social sciences*, Volume 26 (pp. 213-226). Limes & Argonaut Print house, Cluj-Napoca.
- **Pop, E.I.** & Negru, O. (2011). Perceptions of the transition to adulthood among the Romanian emerging adults. In *Studies and researches in the field of social sciences*, Volume 21 (pp. 215-224). Argonaut Print house, Cluj-Napoca.
- **Pop, E.I.**, Șaitiș, D., Negru, O. (2011). The relation between achievement motivation and educational identity among high-school students. In V. Ajder (Ed.), *The Butterfly Effect in Education* (pp.310-319). Eikon Print house, Bucharest.
- Damian, L., **Pop, E.I.**, Negru, O. (2011). Personal aspirations of future teachers: Do they play a role in approaching teaching? In V. Ajder (Ed.), *The Butterfly Effect in Education* (pp.148-153). Eikon Print house, Bucharest.

c) Papers

- Negru-Subtirica, O., & **Pop, E. I.** (2018). Reciprocal associations between educational identity and vocational identity in adolescence: A three-wave longitudinal investigation. *Journal of Youth and Adolescence*, 47, 703-716. doi: 10.1007/s10964-017-0789-y 7
- Negru-Subtirica, O., **Pop, E. I.**, & Crocetti, E. (2018). Good Omens? The intricate relations between educational and vocational identity in adolescence. *European Journal of Developmental Psychology – Special Issue: Identity behind the Iron Curtain*, 15, 83-98. doi: 10.1080/17405629.2017.1313160

- Negru-Subtirica, O., **Pop, E. I.**, & Crocetti, E. (2017). A longitudinal integration of identity styles and educational identity processes in adolescence. *Developmental Psychology*, 53(11), 2127-2138. doi: 10.1037/dev0000325
- Negru-Subtirica, O., **Pop, E. I.**, Luyckx, K., Dezutter, J., & Steger, M. (2016). The meaningful identity: A longitudinal look at the interplay between identity and meaning in life in adolescence. *Developmental Psychology*, 52, 1926-1936. doi: 10.1037/dev0000176
- Negru-Subtirica, O., & **Pop, E. I.** (2016). Longitudinal links between career adaptability and academic achievement in adolescence. *Journal of Vocational Behavior*, 93, 163-170. doi: 10.1016/j.jvb.2016.02.006
- **Pop, E.I.**, Negru, O., Crocetti, E., Opre, A., & Meeus, W. (2016). On the interplay between academic achievement and educational identity: A longitudinal study. *Journal of Adolescence*, 47C, 135-144. doi: 10.1016/j.adolescence.2015.11.004
- Negru-Subtirica, O., **Pop, E. I.**, & Crocetti, E. (2015). Developmental trajectories and reciprocal associations between career adaptability and vocational identity: A three-wave longitudinal study with adolescents. *Journal of Vocational Behavior*, 88, 131-142.
- **Pop, E.I.**, Negru, O., Opre, A. (2015). Challenging or conserving your beliefs: A person-centered approach of pre-service teachers' educational identity. *Procedia - Social and Behavioral Sciences*, 87, 147-152.
- Negru, O., **Pop, E.I.**, Opre, A. (2013). Foreshadowing identities: The relation between achievement goals and educational identity in a sample of Romanian emerging adults, *Cognition, Brain, Behavior. An Interdisciplinary Journal*, 17(1), 1-13.
- Negru, O., **Pop, E.I.**, Damian, L., Moraru, C. (2011). Aspirations and identity processes in the meaningful development of future teachers, *Procedia Social and Behavioral Sciences*, 11, 102-106.
- Negru, O & **Pop, E.I.** (2009). Emerging adulthood: developmental characteristics and educational career interventions, *Romanian Journal of Pedagogy* (ro. Revista de pedagogie), Guidance and Counseling – Experiences, initiatives, good practices (thematic issue), 1-3, 99-106.

Papers presented at national and international conferences:

- **2018: Pop, E. I.**, Negru-Subtirica, O., Stoeber, J., & Damian, L. E. (2018). *Career concern and confidence in adolescence: The longitudinal role of self-oriented and socially prescribed perfectionism*, invited symposium *Antecedents and consequences of personality and temperament in adolescence*, at the XVI Biennial Conference of the European Association for Research on Adolescence (EARA), 12-15 September 2018, Ghent, Belgium
- **2018: Pop, E.I.** & Negru-Subtirica, O. (2018). *Future teacher: Career identity as mediator between career-related beliefs and life satisfaction*, oral presentation at the Thematic Conference of the Society for the Study of Emerging Adulthood (SSEA), 17-19 May 2018, Cluj-Napoca, România

- **2016: Pop, E. I.,** Negru-Subtirica, O., Crocetti, E., & Meeus, W. (2016). *Longitudinal connections between academic achievement and personality traits in adolescents during a school year*, invited symposium at the XV Biennial Conference of the European Association for Research on Adolescence (EARA), 16-19 September, La Barrosa, Cádiz, Spain
- **2016: Negru-Subtirica, O., Pop, E. I.,** Luyckx, K., Dezutter, J., & Steger, M (2016). *Reciprocal associations between identity and meaning in life in adolescence: A three-wave longitudinal study*, invited symposium at the XV Biennial Conference of the European Association for Research on Adolescence (EARA), 16-19 September, La Barrosa, Cádiz, Spain
- **2016: Negru-Subtirica, O., Damian, L. E., Stoeber, J., & Pop, E. I.** “*On the longitudinal interplay between perfectionism and career adaptability in adolescents*”, oral presentation at the Perfectionism Network Meeting, 12-13 July, Canterbury, UK
- **2016: Damian, L. E., Negru-Subtirica, O., Stoeber, J., & Pop, E. I.** “*On the development of perfectionism and perfectionistic self-presentation in adolescents: The role of parental behaviors*”, oral presentation at the Perfectionism Network Meeting, 12-13 July, Canterbury, UK
- **2014: Pop, E.I.,** Negru, O., Opre, A. ”Challenging or conserving your beliefs: A person-centered approach of pre-service teachers’ educational identity”, oral presentation at the International Conference: Psychology and the realities of the contemporary world, 5th edition, 24th-26th October, Bucharest, Romania
- **2014: Pop, E.I.,** Negru, O., „The Influence of Personality and Educational Identity Interconnections on Academic Achievement in Adolescence: A Longitudinal Approach”, oral presentation at the 14th Biennial Conference of The European Association for Research on Adolescence (EARA), 3rd-6th September, Cesme, Turkey
- **2014: Pop, E.I.,** Blaga, I., Negru, O. ”Identity formation in adolescence: A process-oriented approach”, oral presentation at the Annual Scientific Session of the Social Sciences Department, Romanian Academy, Cluj-Napoca, Romania
- **2013: Pop, E.I., & Negru, O.** ”Following choices – Emerging adults' identity profiles at the beginning of a teaching career”, oral presentation at the ISSBD Regional Workshop-“Social Development and Interpersonal Dynamics in Childhood and Adolescence”, 12-14 September 2013, Budapest, Hungary
- **2012: Damian, L., Negru, O., Stoeber, J., Pop, E.I., & Baban, A.** „Positive and Negative Affect in Adolescents: The Role of Perfectionism, Achievement Goals, and Academic Efficacy”, paper presented at 22nd Biennial Meeting of International Society for the Study of Behavioural Development, 8-12 July, Edmonton, Canada
- **2012: Pop, E.I.,** Negru, O., & Opre, A. „Professional identity development: A new approach”, oral presentation at the International Congress of Psychology ”Modern Research in Psychology”, 25-27 May, Sibiu, Romania
- **2012: Negru, O., Pop, E.I.** „Emerging adults: How are their achievement goals reflected in their educational identity?”, oral presentation at the International Congress of Psychology ”Modern Research in Psychology”, 25-27 May, Sibiu, Romania
- **2011: Damian, L., Stoeber, J., Negru, O., Pop, E.I., & Baban, A.** „Explaining adolescents’ academic achievement: Perfectionism, achievement goals, and academic efficacy”, oral presentation at the 4th World Conference on Educational Sciences, 2-5 February, Barcelona, Spain

- **2011: Pop, E.I.,** Negru, O. „The role of motivational orientations in identity development among Romanian emerging adults”, poster presented at the 5th Conference on Emerging Adulthood, 27-28 October, Providence, Rhode Island, USA
- **2011: Negru, O., Pop, E.I.,** Damian, L., Moraru, C. “Aspirations and identity processes in the meaningful development of future teachers”, oral presentation at the International Conference "Teachers for the Knowledge Society", Sinaia, Romania
- **2011: Pop, E.I.,** Georgescu, A., Negru, O. ”Determinants of achievement motivation in emerging adulthood: a comparison between high-school and university students”, poster presented at the 15th European Conference on Developmental Psychology, 23-27 August, Bergen, Norway
- **2011: Pop, E.I.,** Saitis, D., Negru, O. ”The relation between achievement motivation and educational identity among high-school students”, oral presentation at the National Conference of Educational Counselling „The Butterfly Effect in Education”, 14-15 May, Cluj-Napoca, Romania
- **2011: Damian, L., Pop, E.I.,** Negru, O. ”Personal aspirations of future teachers: Do they play a role in approaching teaching?”, oral presentation at the National Conference of Educational Counselling „The Butterfly Effect in Education”, 14-15 May, Cluj-Napoca, Romania
- **2010: Pop, E.I.,** Negru, O. “Identity Development as a Predictor of Psychosocial Well-Being in Emerging Adulthood”, oral presentation at the International Conference “Social Ecology of School Success: Implications for Policy and Practice”, 13-15 May, Cluj-Napoca, Romania
- **2010: Pop, E.I. &** Negru, O. “Perceptions of the transition to adulthood among the Romanian emerging adults”, oral presentation at the Annual Scientific Session of the Social Sciences Department, Romanian Academy, Cluj-Napoca, Romania
- **2010: Pop, E.I. &** Negru, O. ”The impact of developmental characteristics on psychological well-being within the transition towards adulthood in Romanian context”, oral presentation at the 5th edition of National Conference of Psychology, Iasi, Romania
- **2003: ”**The influence of advertising on information processing” (collective paper), oral presentation at the 5th edition of Student National Conference of Work and Organizational Psychology, Constanța, Romania
- **2002: ”**Identity-perspectives and gender differences” (collective paper), poster presented at the 5th edition of Student National Conference of Developmental Psychology, Cluj-Napoca, Romania