

Curriculum Vitae

Damian Lavinia Elena

Assistant Professor

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Research domains:

- Motivation psychology
- Developmental psychology
- School psychology

Research interests:

- Personal and contextual factors of perfectionism development throughout adolescence and emerging adulthood.
- Development of motivation and performance in adolescents and emerging adults in the academic setting.
- Financial socialization in emerging adulthood; the role of parents in emerging adults' financial behaviors.

Professional experience:

2014-2017 – Assistant Professor at "Babeş-Bolyai" University, Faculty of Psychology and Educational Sciences, Department of Psychology.

2012-2014 – Teaching assistant for the masters courses *Motivation and performance: Development and applied interventions* and *Vocational counseling*.

2010 – Ongoing teaching assistant for the masters course *Promotion of mental health in children and adolescents*.

2010 – Teaching assistant for the undergraduate courses *Health Psychology* and *Educational Psychology*.

2008 – Ongoing teaching assistant for the undergraduate courses *School Psychology* and *School Counseling and Career Guidance*.

Education

2014 – Ph.D. in Psychology, "Babeş-Bolyai" University, Faculty of Psychology and Educational Sciences, Department of Psychology. Title of the thesis: *Antecedents and outcomes of perfectionism in adolescents*. Scientific supervisor: Professor Adriana Băban, Ph.D.

2010 – Masters degree (M.Sc.) in *School counseling: Development and mental health*, "Babeş-Bolyai" University, Faculty of Psychology and Educational Sciences, Department of Psychology.

2008 – B.A. in *Psychology*, "Babeş-Bolyai" University, Faculty of Psychology and Educational Sciences, Department of Psychology.

Professional training and development:

- 2016 – Training course “Structural Equation Modelling and Longitudinal Analyses in Mplus”.
Trainer: Dr. Elisabetta Crocetti, 21st-25th March, Cluj-Napoca, Romania.
- 2013 – EADP Winter School: “Developmental Psychopathology, Environments, and Interactions: Moving Into the Genetics Era”, 6th-11th January, Leuven, Belgium.
- 2012 – Research internship (August-November) at the University of Kent, School of Psychology, UK. Research internship supervisor: dr. Joachim Stoeber.
- 2012 – “EARA-SRA Summer School”, 24th-28th August, Spetses, Greece.
- 2009 – Trainer of trainers certificate, S.C. Consult Plus S.R.L.
- 2008 – PRIME course: "Whole Person Medicine as Relating to Pain and Palliative Care", Brighton University, UK and Prime Partnerships in International Medical Education, Cluj-Napoca, Romania.
- 2007 – "Cognosis" Summer School: "Personal Development", Federation of Psychology and Educational Sciences Students of Romania, Sibiu, Romania.
- 2007 – "Eruditio" Autumn School, Students Organizations of Cluj Union, Romania.
- 2005 – "Verhalten der Jugendlichen" Seminar ("Behaviour of Young People"), Jugendforum der Deutschen in Klausenburg (Youthforum of Germans in Cluj).

Professional affiliation

- 2016 – Member of the European Association for Research on Adolescence (EARA)
- 2015 – Member of the Society for the Study of Emerging Adulthood (SSEA)
- 2015 – Member of the Society for Research in Child Development (SRCD)
- 2014 – Member of the Society for Research on Adolescence (SRA)
- 2013 – Member of the Early Researchers Union (ERU)
- 2013 – Member of the European Association for Developmental Psychology (EADP)
- 2010-2012 – Member of the European Health Psychology Society (EHPS)

Prizes, scholarships, fellowships

- 2015 – Grant awarded by the Society for the Study of Emerging Adulthood (SSEA) for attending the 7th Conference on Emerging Adulthood (October 14th-16th), Miami, Florida, USA.
- 2015 – Grant awarded by the Jacobs Foundation for attending the Society for Research in Child Development (SRCD) meeting (March 19th-21st), Philadelphia, Pennsylvania, USA.
- 2014 – Grant awarded by the Society for Research on Adolescence (SRA) for attending the SRA biennial meeting as an International Young Scholar (March 20th to 22nd), Austin, Texas, USA.
- 2013 – Prize awarded by the Babes-Bolyai University for being in the University’s top 10 doctoral students in Social Sciences and the first doctoral student in Psychology in the A1.5 Activity “Promoting excellence in research through awarding doctoral students” of the project entitled “Modern doctoral studies: internationalization and interdisciplinarity”, POSDRU/107/1.5/S/76841.
- 2013 – Grant awarded by the European Association for Developmental Psychology (EADP) for attending the XVIth European Conference on Developmental Psychology (September 3rd to 7th), Lausanne, Switzerland.
- 2013 – Grant awarded by the European Association for Developmental Psychology (EADP) for attending the EADP Winter School as a Junior Scholar (January 6th to 11th), Leuven, Belgium.

- 2012 – Grant awarded by the European Association for Research on Adolescence (EARA)/Society for Research on Adolescence (SRA) for attending the EARA/SRA Summer School as a Junior Scholar (August 24th to 28th), Spetses, Greece.
- 2012 – Grant awarded by the International Society for the Study of Behavioral Development (ISSBD) for attending the Pre-conference workshop (7th July) and the ISSBD Biennial Meeting (July 8th to 12th), Edmonton, Alberta, Canada.
- 2012-2014 – International Society for the Study of Behavioral Development-Jacobs Foundation (ISSBD-JF) Mentored Fellowship for Early Career Scholars, awarded by the International Society for the Study of Behavioural Development and Jacobs Foundation, under the mentorship of Prof. dr. Joachim Stoeber (School of Psychology, University of Kent).
- 2011 – Grant awarded by the European Health Psychology Society (EHPS) for attending the 25th European Health Psychology Conference: Engaging with Other Health Professions. Challenges and Perspectives (September 20th to 24th), Hersonissos, Crete, Greece.

Research grants

- 2018-2020 – Grant director in the project entitled „Effects of parenting perfectionism” (PN-III-P1-1.1-PD-2016-1246), financed in the Human Resources PNII Programme, grant type Postdoctoral Research Projects, implemented by the Executive Unit for Financing Higher Education, Research, Development and Innovation (UEFISCDI).
- 2015-2017 – Researcher in the Young Research Teams Grant “Becoming a positively adjusted adolescent: The longitudinal role of personal and parental dimensions of identity and perfectionism” financed by the National University Research Council (NURC) (PN-II-RU-TE-2014-4-1061). Grant director: Lecturer Oana Negru-Subtirica, Ph.D.
- 2010 – Ongoing member of the Health Behaviors in School-Aged Children (HBSC) network, (School Context group) financed by the World Health Organization (WHO), Director: Professor Adriana Băban, Ph. D.
- 2010 – Research assistant in the research grant „Life after institutional care. Equal opportunities and social inclusion for young people” financed by the EU. Research grant director: Professor Adriana Băban, Ph. D.
- 2010 – Research assistant in the research grant „Protecting children in child protection systems”- DAPHNE, financed by the EU. Research grant director: Professor Adriana Băban, Ph. D.
- 2009-2012 – Research assistant in the research grant FP7 TEMPEST (“Temptations to eat moderated by personal and environmental self-regulatory tools”) financed by the EU. Research grant director: Professor Adriana Băban, Ph. D.

Publications:

a) Books

- Damian, L. E.** (2017). *În căutarea perfecțiunii. Unde ne duce, de ce ne străduim atât și cum putem găsi binele imperfect [In the search for perfection. Where does it take us, why do we try so hard, and how can we find the imperfect good]*. Cluj-Napoca: Editura ASCR. ISBN: 978-606-977-008-5
- Băban, A., Tăut, D., Crăciun, C., & **Damian, L.** (coordinators of the Romanian Edition) (2013). *Strategii de suport pentru o alimentație sănătoasă la adolescenți*. Cluj-Napoca: ASCR. English edition: Stok, M., de Ridder, D., de Vet, E., & de Wit, J. (2013). *Strategies to support healthy eating in adolescents*. Utrecht: Utrecht University and the TEMPEST Consortium.

- Tăut, D., **Damian, L.**, Lobonea, L., & Băban, A. (2011). *Protecting children in child protection systems in Romania*. Research report. Milano: Ancora.
- Opre, A. (coord.), **Damian, L.**, Ghimbuluț, O., Gibă, R., Macavei, B., Opre, A., Ormenișan-Calbaza, M., Rebegea, O., & Vaida, S. (2010). *Lumea lui Self. Povești pentru dezvoltarea socio-emoțională a copiilor preșcolari. (Self's World. Stories for the socio-emotional development of preschoolers)*. Cluj-Napoca: ASCR.

b) Chapters

- Negru-Subtirica, O., & **Damian, L. E.** (2018). The Great Escape: Linking Youth Identity Development to Growing Up in Post-Communist Romania. In N. Lebededva, R. Dimitrova, & J. Berry (Eds.), *Changing Values and Identities in the Post-Communist World*. Springer International Publishing. DOI: 10.1007/978-3-319-72616-8_19
- Stoeber, J., **Damian, L. E.**, & Madigan, D. J. (2018). Perfectionism: A motivational perspective. In J. Stoeber (Ed.), *The psychology of perfectionism: Theory, research, applications* (pp. 19-43). London: Routledge.
- Stoeber, J., Edbrooke-Childs, J., & **Damian, L. E.** (2016, in press). Perfectionism. In R. J. R. Levesque (Ed.), *Encyclopedia of adolescence* (2nd ed.). New York: Springer.
- Damian, L. E.**, Negru-Subtirica, O., Pop, E. I., & Baban, A. (2016). The costs of being the best: Consequences of academic achievement on students' identity, perfectionism, and vocational development. In: Montgomery, A. & Kehoe, I. (Eds.), *Reimagining the purpose of schools and educational organisations: Developing critical thinking, agency, beliefs in schools and educational organisations* (pp. 173-188). Springer.
- Negru, O., & **Damian L. E.** (in press). The emerging adult as future teacher: Identity processes, personal aspirations, and beliefs about teaching. In A. Opre, M. Miclea & R. Iucu (Eds.), *Quality and performance in university teaching*. Cluj-Napoca: Casa Cărții de Știință Publishing House.
- Stoeber, J., & **Damian, L. E.** (2015). Perfectionism in employees: Work engagement, workaholism, and burnout. In: F. M. Sirois & D. S. Molnar (Eds.), *Perfectionism, Health, and Well-being* (pp. 265-283). New York: Springer.
- Ghimbuluț, O., **Damian, L.**, Băban, A. (2013). Reziliența: Regăsirea echilibrului emoțional în contact cu trauma. În M. Milcu (Ed.), *Cercetarea aplicativă în psihologia modernă: Premise metodologice*” (pp. 68-72). București: Editura Universitară.
- Ramelow, D., Klinger, D., Currie, D., Freeman, J., **Damian, L.**, Negru, O., Samdal, O., Rasmussen, M., & Felder-Pluig, R. (2012). Social context. School. In C. Currie, C. Zanotti, A. Morgan, D. Currie, M. de Looze, C. Roberts, O. Samdal, O. Smith, & V. Barnekow (Eds.), *Social determinants of health and well-being among young people. Health Behaviour in School-aged Children (HBSC) study: international report from the 2009/2010 survey* (pp. 45-63). Copenhagen: WHO Regional Office for Europe (Health Policy for Children and Adolescents, No. 6).
- Damian, L.**, Pop, E., & Negru, O. (2011). Personal aspirations of future teachers: Do they play a role in the teaching approach? In V. Ajder (Ed.), *National Conference of Educational Counseling “The Butterfly Effect in Education”* (pp. 148-153). Cluj-Napoca: EIKON.

c) Scientific articles

- Esposito, R., Stoeber, J., **Damian, L. E.**, Alessandri, G., & Lombardo, C. (2017, in press). Eating disorder symptoms and the 2 × 2 model of perfectionism: Mixed perfectionism is the most maladaptive combination. *Eating And Weight Disorders*. doi: 10.1007/s40519-017-0438-1
- Damian, L. E.**, Negru-Subtirica, O., Stoeber, J., & Băban, A. (2017). Perfectionistic concerns predict increases in adolescents' anxiety symptoms: A three-wave longitudinal study. *Anxiety, Stress, & Coping*, *30*, 551-561.
- Damian, L. E.**, Stoeber, J., Negru-Subtirica, O., & Băban, A. (2017). On the development of perfectionism: The longitudinal role of academic achievement and academic efficacy. *Journal of Personality*, *85*, 565-577.
- Damian, L. E.**, Stoeber, J., Negru-Subtirica, O., & Băban, A. (2017). Perfectionism and school engagement: A three-wave longitudinal study. *Personality and Individual Differences*, *105*, 179-184.
- Stoeber, J., Madigan, D. J., **Damian, L. E.**, Esposito, R. M., & Lombardo, C. (2017). Perfectionism and eating disorder symptoms in female university students: The central role of perfectionistic self-presentation. *Eating and weight disorders*, *22*, 641-648. doi: 10.1007/s40519-016-0297-1
- Damian, L. E.**, Stoeber, J., Negru, O., & Băban, A. (2014a). Perfectionism and achievement goal orientations in adolescent school students. *Psychology in the Schools*, *51*, 960-971. doi: 10.1002/pits.21794
- Damian, L. E.**, Stoeber, J., Negru, O., & Băban, A. (2014b). Positive and negative affect in adolescents. An investigation of the 2 x 2 model of perfectionism. *Cognition, Brain, Behavior. An Interdisciplinary Journal*, *18*(1), 1-16.
- Stoeber, J., & **Damian, L. E.** (2014). The Clinical Perfectionism Questionnaire: Further evidence for two factors capturing perfectionistic strivings and concerns. *Personality and Individual Differences*, *61-62*, 38-42.
- Damian, L.**, Stoeber, J., Negru, O., & Băban, A. (2013). On the development of perfectionism in adolescence: Perceived parental expectations predict longitudinal increases in socially prescribed perfectionism. *Personality and Individual Differences*, *55*, 688-693. doi: 10.1016/j.paid.2013.05.021
- Negru, O., Pop, E. I., **Damian, L.**, & Moraru, C. (2011). Aspirations and identity processes in the meaningful development of future teachers. *Procedia – Social and Behavioral Sciences*, *11*, 102-106.
- Negru, O., & **Damian, L.** (2010). Personal and classroom promoted achievement goals: Interdependence between students and teachers. *Cognition, Brain, Behavior. An Interdisciplinary Journal*, *14* (2), 81-99.
- Negru, O., **Damian, L.**, & Băban, A. (2010). Parents and children in Romania: The influence of family culture dimensions on parental involvement in children's academic life. *Journal of child and adolescent psychology*, *1*, 31-48.

Papers presented at national and international conferences:

International Conferences

- 2017 – Negru-Subtirica, O., **Damian, L. E.**, & Friedlmeier, M. (2017). “*Financial success: A qualitative analysis on Romanian parent-emerging adult child dyads*”. Oral presentation at the Regional Conference of International Association for Cross-Cultural Psychology (IACCP), Warsaw, Poland, 16-19 July 2017.

- 2016 – **Damian, L. E.**, Negru-Subtirica, O., Stoeber, J., & Pop, E. I. (2016). “*On the development of perfectionism and perfectionistic self-presentation in adolescents: The role of parental behaviors*”. Paper presented at the Perfectionism Network Meeting, Canterbury, UK, 12-13 July 2016.
- 2016 – **Damian, L. E.**, Stoeber, J., Negru-Subtirica, O. & Baban, A. (2016). “*How do adolescents get to strive for perfection? The impact of high academic achievement and efficacy on perfectionism development in adolescence*”. Oral presentation at the XV Biennial Conference of the European Association for Research on Adolescence (EARA), La Barrosa, Cádiz, Spain, 16-19 September 2016.
- 2016 – Negru-Subtirica, O., **Damian, L. E.**, Stoeber, J., & Pop, E. I. (2016). “*On the longitudinal interplay between perfectionism and career adaptability in adolescents*”. Paper presented at the Perfectionism Network Meeting, Canterbury, UK, 12-13 July 2016.
- 2015 – **Damian, L. E.**, Negru-Subtirica, O., & Friedlmeier, M. “*Financial knowledge, control, and behaviors in emerging adults: The role of parents*”, oral presentation at the 7th Conference on Emerging Adulthood (October 14th-16th), Miami, Florida, USA.
- 2015 – Negru-Subtirica, O., **Damian, L. E.**, & Friedlmeier, M. “*What does it take to be financially successful? Views of emerging adults and their parents*”, oral presentation at the 7th Conference on Emerging Adulthood (October 14th-16th), Miami, Florida, USA.
- 2015 – **Damian, L. E.**, Stoeber, J., Negru, O., & Băban, A. “*Perfectionism and academic achievement in adolescents: A longitudinal study*”, poster presented at the Biennial Meeting of the Society for Research in Child Development (19th-21st March), Philadelphia, Pennsylvania, USA.
- 2014 – **Damian, L. E.**, Stoeber, J., Negru, O., & Băban, A. “*Perfectionism and achievement goal orientations in adolescent school students*”, poster presented at the 23rd Biennial Meeting of the International Society for the Study of Behavioral Development (8th-12th July), Shanghai, China.
- 2014 – **Damian, L.**, Stoeber, J., Negru, O., & Băban, A. “*Perfectionism and school engagement in adolescents*”, poster presented at the SRA biennial meeting (20th-22nd March), Austin, Texas, USA.
- 2013 – **Damian, L.**, Stoeber, J., Negru, O., & Băban, A. “*How does perfectionism relate to adolescents' general affect?*”, poster presented at the LIFE Fall Academy (12th-17th October), Marbach Castle, Germany.
- 2013 – **Damian, L.**, Stoeber, J., Negru, O., & Băban, A. “*Perfectionism in adolescents: A longitudinal study*”, poster presented at the International Society for the Study of Behavioral Development Workshop: Social Development and Interpersonal Dynamics in Childhood and Adolescence (12th-14th September), Budapest, Hungary.
- 2013 – **Damian, L.**, Stoeber, J., Negru, O., & Băban, A. “*On the development of perfectionism in adolescence: Do parental expectations and criticism matter?*”, poster presented at the 16th European Conference on Developmental Psychology (3rd-7th September), Lausanne, Switzerland.
- 2013 – Attendance at the Tempest Invitational Conference “*Temptations to eat moderated by personal and environmental self-regulatory tools*” (24th-25th January), Utrecht, The Netherlands.
- 2012 – **Damian, L.**, Stoeber, J., Negru, O., & Băban, A. “*Predicting change in adolescents' perfectionism: Do anxiety and academic engagement matter?*”, oral presentation at the Exploratory Workshop “*Attention and executive functioning in high-trait anxiety*”

- Implications for cognitive and academic performance*” (7th-8th December), Cluj-Napoca, Romania.
- 2012 – **Damian, L.**, Stoeber, J., Negru, O., & Băban, A. “*The role of perfectionism cognitions and achievement goals in predicting adolescents’ academic self-efficacy*”, poster presented at the 13th Biennial Conference of the European Association for Research on Adolescence (August 29th – September 1st), Spetses, Greece.
- 2012 – **Damian, L.**, & Negru, O. “*Perceptions of classroom promoted achievement goals: Interdependence within the peer group*”, poster presented at the 13th Biennial Conference of the European Association for Research on Adolescence (August 29th – September 1st), Spetses, Greece.
- 2012 – **Damian, L.**, Stoeber, J., Negru, O., & Băban, A. “*Patterns of perfectionism and achievement goals in adolescents’ affect: A longitudinal panel study*”, oral presentation at the Perfectionism Network Meeting: “Further advances in perfectionism research” (24th-25th July), York St John University, UK.
- 2012 – Militaru, A., **Damian, L.**, Taut, D., & Baban, A. “*Building social support for institutionalized youth in Romania. An exploratory social experimentation project*”, poster presented at the 30th International Congress of Psychology: “Psychology Serving Humanity” (22nd – 27th July), Cape Town, South Africa.
- 2012 – **Damian, L.**, Negru, O., Stoeber, J., Pop, E., & Băban, A. “*Positive and negative affect in adolescents: The role of perfectionism, achievement goals, and academic efficacy*”, poster presented at the ISSBD 2012 Biennial Meeting (8th-12th July), Edmonton, Alberta, Canada.
- 2012 – Negru, O., **Damian, L.**, Pop, E. “*Achievement goal orientations in a combative context: How does competence develop?*”, poster presented at the ISSBD 2012 Biennial Meeting (8th-12th July), Edmonton, Alberta, Canada.
- 2012 – **Damian, L.**, Negru, O., Haragăș, C., Ilieș, M., & Băban, A. “*Exploring high schoolers’ academic efficacy: Performance versus parental expectations*”, poster presented at the International Congress of Psychology (25th-27th May), Sibiu, România.
- 2012 – **Damian, L.**, Stoeber, J., Negru, O., Pop, E., & Băban, A. “*Explaining adolescents’ academic achievement: Perfectionism, achievement goals, and academic efficacy*”, poster presented at the 4th World Conference on Educational Sciences (2nd-5th February), Barcelona, Spain.
- 2011 – **Damian, L.**, Tăut, D., & Băban, A. “*Gender differences in self-control, eating self-regulatory competency and eating habits in children and adolescents*”, oral presentation at the Self-regulation of eating behaviour among youth: Findings from the European TEMPEST Project Symposium, 25th European Health Psychology Conference: Engaging with Other Health Professions. Challenges and Perspectives (20th-24th September), Hersonissos, Crete, Greece.
- 2011 – **Damian, L.**, Negru, O., & Băban, A. „*Patterns of affect and well-being in high versus low adolescent perfectionists: Do goal orientation and achievement make a difference?*”, poster presented at the 25th European Health Psychology Conference: Engaging with Other Health Professions. Challenges and Perspectives (20th-24th September), Hersonissos, Crete, Greece.
- 2011 - Negru, O., Pop, E. I., **Damian, L.**, & Moraru, C. “*Aspirations and identity processes in the meaningful development of future teachers*”, poster presented at the International Conference "Teachers for the Knowledge Society" (17th-19th March), Sinaia, Romania.

- 2010 – **Damian, L.**, Băban, A. "*Health behaviors, disease characteristics and quality of life in vitiligo*", poster presented at the 24th European Health Psychology Conference: Health in Context (1st-4th September), Cluj-Napoca, Romania.
- 2010 – **Damian, L.**, Negru, O. „*What students and teachers want: Interdependence or differentiation in the development of academic goals?*”, oral presentation at the International Conference “Social Ecology of School Success: Implications for Policy and Practice” (13th-15th May), Cluj-Napoca, Romania.
- 2009 – **Damian, L.**, Băban, A. "*Coping mechanisms and quality of life in vitiligo*", poster presented at the 23rd European Health Psychology Conference: Health Psychology: From knowledge to interventions (23rd-26th September), Pisa, Italy.

National Conferences

- 2017 – Petrut, I., & **Damian, L. E.** (2017). "*The role of parents and teachers in the development of perfectionism in adolescents*". Paper presented at the Annual Scientific Communication Conference of the Romanian Academy, Cluj-Napoca, Romania, June 23rd 2017.
- 2016 – **Damian, L. E.**, Petrut, I., Negru-Subtirica, O., & Pop, E. I. (2016). "*Perfectionism in school students: Causes and consequences*". Poster presented at the Annual Scientific Communication Conference of the Romanian Academy, Cluj-Napoca, Romania, 20 May 2016.
- 2016 – Pop, E. I., Negru-Subtirica, O., & **Damian, L. E.** (2016). "*Longitudinal interplay between personality and identity in adolescence: Theoretical and empirical evidence*". Poster presented at the Annual Scientific Communication Conference of the Romanian Academy, Cluj-Napoca, Romania, 20 May 2016.
- 2012 – **Damian, L.** "*Age and gender differences in the self regulation of eating temptations*", oral presentation at the Tempest National Conference “Self-regulation of eating behavior in children and adolescents: Measurement, improvement strategies, and policy development” (8th November), Cluj-Napoca, Romania.
- 2011 – **Damian, L.**, Pop, E. I., & Negru, O. "*Personal aspirations of future teachers: Do they play a role in the teaching approach?*", oral presentation at the National Conference of Educational Counseling “The butterfly effect in education” (13th-15th May), Cluj-Napoca, Romania.
- 2011 – Opre, A., & **Damian, L.** "*SelfKit. A tool for the development of socio-emotional competencies in children*", workshop held for teachers and school counselors at the National Conference of Educational Counseling “The butterfly effect in education” (13th-15th May), Cluj-Napoca, Romania.
- 2009 – **Damian, L.**, Rebeaga, O. "*Adolescent development and extracurricular activities*", oral presentation at the National Conference of School Psychologists “School psychologists' competencies in the context of globalization” (30th-31st October), Oradea, Romania.