

## *CURRICULUM VITAE*

### **Glăvan Bogdan**

**Position:** Ph.D. student

Department of Psychology

Faculty of Psychology and Educational Sciences

Babeş-Bolyai University

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**Research theme:** Relationship between identity development and self-regulation of goals

**Ph.D. supervisor:** Professor Oana Benga, Ph.D.

**Ph.D. guidance committee:** Lecturer Oana Negru-Subțirică, Ph.D.

Lecturer Sebastian Pinte, Ph.D.

Professor Adrian Opre, Ph.D.

### **RESEARCH INTERESTS**

My research aims to investigate identity development during emerging adulthood by analyzing the relation between identity processes, self-regulation of goals and meaning making.

### **RESEARCH DOMAINS**

- Identity development
- Emerging adulthood
- Self-regulation strategies
- Meaning and meaning making
- Motivation

### **EDUCATION**

**2016 – ongoing:** Ph.D. student of the Doctoral School for *Applied Cognitive Psychology*, “Babeş-Bolyai” University, Faculty of Psychology and Educational Sciences, Thesis: *Relationship between Identity Development and Self-Regulation of Goals*; coordinator Professor Oana Benga, Ph.D.;

**2014 – 2016:** Master's Studies *School Counselling – Psychological Counseling and Intervention in Human Development*, “Babeş-Bolyai” University, Faculty of Psychology and Educational Sciences; Thesis: *Analyzing the Relationship between Self-Regulation of Unattainable Goals and Identity Development*, coordinator Lecturer Oana Negru-Subțirică, Ph.D.;

**2011 – 2014:** B.Sc. Faculty of Psychology and Sciences of Education, “Babeş-Bolyai” University, Cluj-Napoca, Thesis: *Training for the Development of Academic Motivation and the Self-Regulating Strategies of Motivation*, coordinator Professor Adrian Opre, Ph.D. and Research Assistant Sebastian Vaida, Ph.D.

## **CAREER DEVELOPMENT**

**2016:** Regional debate about “Functional Illiteracy in Romania” organized by the Romanian Presidential Administration, and “Babeş-Bolyai” University

**2016:** Workshop “Providing Adolescents with a Secure Base: An Attachment Perspective”, conducted by Jude Anne Cassidy, University of Maryland, USA

**2016:** Workshop “Motivational Interviewing” conducted by Dr. Ken Resnicow, University of Michigan, USA

**2016:** Continuous professional training “Individual Personality Assessment: From Normal to Pathology” organized by the Romanian Regional Agency for Human Resource Management Advisory, conducted by Professor Constantin Ticu, Ph.D., “Alexandru Ioan Cuza” University, Iași

**2016:** International conference “Cognitive and Neural Mechanisms of Human Memory” organized by The Romanian Association for Cognitive Science, and by the Department of Psychology, “Babeş-Bolyai” University, Faculty of Psychology and Educational Sciences, Cluj-Napoca

**2015:** Professional development program for entrepreneurial skills, program certified by the Romanian Ministry of National Education, and by the Romanian Ministry of Labor, Family, Social Protection and Elderly

**2014 – 2016:** Psychological counselor under supervision in cognitive-behavioral counseling, The International Institute for the Advanced Studies of Psychotherapy and Applied Mental Health, “Babeş-Bolyai” University

**2014 – 2016:** Psycho-Pedagogical Training, level II within the Department for Teacher Training, Faculty of Psychology and Educational Sciences, “Babeş-Bolyai” University, Cluj-Napoca

**2014:** Professional development program for the profession of trainer, program certified by the Romanian Ministry of National Education, and by the Romanian Ministry of Labor, Family, Social Protection and Elderly

**2011 – 2014:** Social Emotional Development Program “Your Social Emotional Learning Facilitator”, “Babeş-Bolyai” University, Faculty of Psychology and Educational Sciences, Cluj-Napoca

**2012:** COGNOSIS Summer school, Module: “Cognitive behavioral for beginners” organized by the Federation of Psychology and Educational Sciences Student's Association

**2012:** Professional internship with the theme “Clinical Psychology” within the Private Psychology Practice  
Ioana Suciu

**2012:** Training “Represented Students” organized by the National Alliance of Student Organizations in Romania

## **PROFESSIONAL EXPERIENCE**

**2016 – ongoing:** Practicing psychological counselor in cognitive-behavioral counseling, College of Psychologists in Romania

**2015 – 2016:** Psychological counselor within the Counselling Center “Student Expert”, “Babeş-Bolyai” University, Cluj-Napoca

**2015 – 2016:** Psychological counselor within the Career, Alumni and Relationship with Business Environment Center, “Babeş-Bolyai” University, Cluj-Napoca

**2014 – 2015:** Project manager “Photo Romania 2015” (LP159), financed under PA17/RO13 “Promoting diversity in culture and art in the European cultural heritage”

**2014 – 2014:** Project manager “Beyond the Line School” (RO-12-E591-2013-R2), financed under the European program “Youth in Action”

**2013 – 2014:** Project manager “A Black & White Story” (RO-12-E591-2013-R2), financed under the European program “Youth in Action”

**2013 – 2014:** Project manager “Învață să înveți” (Learn to Learn), ProMisiune Association

**2012 – 2013:** Vice-president of Psychology Students Association in Romania

## **PROFESSIONAL AFFILIATIONS**

**2017 – ongoing:** Society for the Study of Emerging Adulthood (SSEA)

**2017 – ongoing:** European Association of Developmental Psychology (EADP)

**2014 – ongoing:** College of Psychologists in Romania

**2014 – 2015:** Member of Students' College for Academic Performance, "Babeş-Bolyai" University

## **SCHOLARSHIPS**

**2015 – 2016:** Scholarship, granted by "Babeş-Bolyai" University, Cluj-Napoca

## **SCIENTIFIC ACTIVITY**

### **Projects and research grants**

**2017 – 2018:** Member of the organizing committee of the 2018 SSEA Thematic Conference "Self and Identity in Emerging adulthood". Conference chairs: chair Oana Negru-Subțirică, Babes-Bolyai University, Romania; co-chair Elisabetta Crocetti, Alma Mater Studiorum University of Bologna, Italy

**2017:** Research assistant - Young Research Teams Grant awarded by the National University Research Council (NURC): "Becoming a positively adjusted adolescent: The longitudinal role of personal and parental dimensions of identity and perfectionism" (PN-II-RU-TE-2014-4-1061);

**2016 – 2018:** Research assistant for Romania in the Erasmus+ K2 Strategic Partnership Project "Innovative Curriculum for Strong Identities in Diverse Europe" (Acronym: INSIDE, n°2016-1-LT01-KA203-023220), coordinator Mykolas Romeris University, Vilnius, Lithuania

**2016 – 2017:** Research assistant within the project "Equitable policies for adolescents", UNICEF Romania in partnership with the "Babeş-Bolyai" University, Cluj-Napoca;

**2015:** Research assistant within the project "Development of students' academic motivation and educational identity", coordinated by Lecturer Oana Negru-Subțirică,

**2014 – 2015:** Participant in the project "ETIC - Social Impact Careers, vocational counseling and students' practice" (POSDRU/161/2.1/G/138622)

### **Conferences and seminars**

**2016:** Glăvan, B., Negru-Subțirică, O., Benga, O. (2016). *Assessment of Self-Regulation strategies of Unattainable Goals*, poster presentation at the National Conference of Psychological Evaluation: Recent perspectives, Cluj-Napoca (October 14th), Romania.

**2016:** Glăvan, B., Negru-Subțirică, O., Benga, O. (2016). *Assessment of Self-Regulation strategies of Unattainable Goals*, oral presentation at the Annual Scientific Session of the Romanian Academy, Cluj-Napoca (November 18<sup>th</sup>-19<sup>th</sup>), Romania.

## **FOREIGN LANGUAGES**

English – advanced (writing, reading, speaking)

French – beginner (writing, reading, speaking)